



FOR IMMEDIATE RELEASE  
May 3, 2021

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## Mental Wellness, Suicide Prevention and Police Officers Memorial Day

### Hailey Mayor Proclaims Important Components of the Month of May

(Hailey, Idaho) – At the last Hailey City Council meeting, Mayor Burke read a Proclamation that the month of May be recognized within the City of Hailey as Mental Wellness month. The 5B Suicide Prevention Alliance will be focused on training in ***Know the 5 Signs***. This effort is intended to make us all aware of how anxiety, depression and potential suicidal inclinations can be very close to us, and what we can do to help. Often friends, neighbors, co-workers or family members are suffering emotionally and don't recognize the symptoms or won't ask for help. ***Know the 5 Signs*** training will be offered through the Hailey Public Library's adult education program on Thursday, May 13, 2021 at 5:30 PM. Julie Carney, LCSW, social worker at Wood River High School will conduct the training, presenting information about how to help identify five important signs of emotional pain and get people connected to resources. Sign up for the online training by emailing to: [kristin.fletcher@haileypubliclibrary.org](mailto:kristin.fletcher@haileypubliclibrary.org).

Also in May is Police Officers Memorial Day. Flags are lowered to half mast on May 15 in remembrance of all the police officers fallen in the line of duty. We remember all the men and women of law enforcement who act in good faith, standing with us against injustice, defending the defenseless, restoring peace to disordered situations and risking their personal well-being for public safety, with particular honor of those who have fallen as their duty calls them to act in all these ways of valor.

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